

Winter Handicap

Name	League	Event	Time	Pace	Speed (MPH)	5m time adj to 10m	Time diff to 1st	% Diff	Position Points	Pace Points	Total Points
Gavin Walker	P	10m	01:02:42	06:16	9.57		00:00:00		10	10	20.00
Laith Flanagan	P	10m	01:04:03	06:24	9.37		00:01:21	97.89%	9	9.79	18.79
Shaun Yates	P	10m	01:04:42	06:28	9.27		00:02:00	96.91%	8	9.69	17.69
Sam Lockett	P	10m	01:04:43	06:28	9.27		00:02:01	96.88%	7	9.69	16.69
Joe Worthington	P	10m	01:07:11	06:43	8.93		00:04:29	93.33%	6	9.33	15.33
Will Horobin	P	10m	01:09:41	06:58	8.61		00:06:59	89.98%	5	9.00	14.00
Helen Morgan	P	10m	01:09:49	06:59	8.59		00:07:07	89.81%	4	8.98	12.98
Bruce Perfect	P	10m	01:10:06	07:01	8.56		00:07:24	89.44%	3	8.94	11.94
David Hughes	P	10m	01:10:24	07:02	8.52		00:07:42	89.06%	2	8.91	10.91
Richard Burke	P	10m	01:10:25	07:03	8.52		00:07:43	89.04%	1	8.90	9.90
Richard Ward	P	10m	01:11:30	07:09	8.39		00:08:48	87.69%	1	8.77	9.77
Robert Milner	P	10m	01:11:54	07:11	8.34		00:09:12	87.20%	1	8.72	9.72
Chris Askin	P	10m	01:13:13	07:19	8.19		00:10:31	85.64%	1	8.56	9.56
Maksims Palciks	P	10m	01:13:25	07:20	8.17		00:10:43	85.40%	1	8.54	9.54
Charlie Lines	P	10m	01:14:34	07:27	8.05		00:11:52	84.09%	1	8.41	9.41
Simon Bennett	P	10m	01:15:21	07:32	7.96		00:12:39	83.21%	1	8.32	9.32
Jurie Swanepoel	P	10k	00:48:15	07:46		01:19:35	00:16:53	73.06%	8	7.31	15.31
Paul Farrell	1	10m	01:13:07	07:19	8.21		00:10:25	83.39%	10	8.34	18.34
David Sidwell	1	10m	01:13:53	07:23	8.12		00:11:11	82.16%	9	8.22	17.22
Paul Bernardo	1	10m	01:15:23	07:32	7.96		00:12:41	79.77%	8	7.98	15.98
Jennifer Knowles	1	10m	01:16:25	07:39	7.85		00:13:43	78.12%	7	7.81	14.81
Nicola Thomson	1	10m	01:16:33	07:39	7.84		00:13:51	77.91%	6	7.79	13.79
Bill Winder	1	10m	01:17:11	07:43	7.77		00:14:29	76.90%	5	7.69	12.69
Darren Horobin	1	10m	01:19:35	07:58	7.54		00:16:53	73.07%	4	7.31	11.31
Adam Bernardo	1	10m	01:24:36	08:28	7.09		00:21:54	65.07%	3	6.51	9.51
Sue Francis	1	10m	01:25:08	08:31	7.05		00:22:26	64.22%	2	6.42	8.42
Paul Lawrence	1	10m	01:28:05	08:48	6.81		00:25:23	59.52%	1	5.95	6.95
Alister Nicholl	1	10m	01:29:03	08:54	6.74		00:26:21	57.97%	1	5.80	6.80
Leon Oczos	1	10k	00:51:10	05:07		01:24:24	00:21:42	65.39%	0	6.54	6.54
Oliver Wiggleswor	1	10k	00:56:38	05:40		01:33:25	00:30:43	51.01%	0	5.10	5.10
Kirsty Walker	2	10m	01:17:22	07:44	7.76		00:14:40	76.61%	10	7.66	17.66
Steven Roberts	2	10m	01:17:28	07:45	7.75		00:14:46	76.45%	9	7.64	16.64
Lucy Vamplew	2	10m	01:20:39	08:04	7.44		00:17:57	71.37%	8	7.14	15.14
Joanne Burke	2	10m	01:21:34	08:09	7.36		00:18:52	69.91%	7	6.99	13.99
Adam Brown	2	10m	01:23:28	08:21	7.19		00:20:46	66.88%	6	6.69	12.69
Mark Hull	2	10m	01:24:46	08:29	7.08		00:22:04	64.81%	5	6.48	11.48
Sandy George	2	10m	01:26:11	08:37	6.96		00:23:29	62.55%	4	6.25	10.25
Catherine Warren	2	10m	01:29:02	08:54	6.74		00:26:20	58.00%	3	5.80	8.80
Gail Wrangles	2	10m	01:29:36	08:58	6.70		00:26:54	57.10%	2	5.71	7.71
Andrew Nuut	2	10m	01:37:01	09:42	6.18		00:34:19	45.27%	1	4.53	5.53
Laura Mcadam	3	10m	01:25:00	08:30	7.06		00:22:18	64.43%	10	6.44	16.44
Donna Bailey	3	10m	01:26:44	08:40	6.92		00:24:02	61.67%	9	6.17	15.17
Fiona Marcantonio	3	10m	01:27:16	08:44	6.88		00:24:34	60.82%	8	6.08	14.08
Emily Chatwin	3	10m	01:42:21	10:14	5.86		00:39:39	36.76%	7	3.68	10.68
Rose Wiggleswortl	3	10k	00:56:37	05:40	10.60	01:33:23	00:30:41	51.05%	6	5.11	11.11
Gemma Ashby-Lur	3	10k	01:10:14	07:01	8.54	01:55:51	00:53:09	15.23%	5	1.52	6.52
Helen Ramsbotton	4	10m	01:33:36	09:22	6.41		00:30:54	50.72%	10	5.07	15.07
Simon Hill	4	10m	01:33:56	09:24	6.39		00:31:14	50.19%	9	5.02	14.02
Emily Hanson	4	10m	01:34:44	09:28	6.33		00:32:02	48.91%	8	4.89	12.89
Donna Allan	4	10m	01:39:16	09:56	6.04		00:36:34	41.68%	7	4.17	11.17
Nicolas Daudet	4	10m	01:39:24	09:56	6.04		00:36:42	41.47%	6	4.15	10.15

Colin Turner	4	10m	01:39:31	09:57	6.03		00:36:49	41.28%	5	4.13	9.13
Martyn Stearn	4	10m	01:39:38	09:58	6.02		00:36:56	41.10%	4	4.11	8.11
Hannah Faulkner	4	10m	01:39:50	09:59	6.01		00:37:08	40.78%	3	4.08	7.08
Millie Watson	4	10m	01:42:09	10:13	5.87		00:39:27	37.08%	2	3.71	5.71
Darren Stone	4	10m	01:42:52	10:17	5.83		00:40:10	35.94%	1	3.59	4.59
Sarah Turner	4	10m	01:44:39	10:28	5.73		00:41:57	33.09%	1	3.31	4.31
Sue Knowles	4	10m	01:45:21	10:32	5.70		00:42:39	31.98%	1	3.20	4.20
Ella McCall	4	10m	01:46:28	10:39	5.64		00:43:46	30.20%	1	3.02	4.02
Gail Tombs	4	10m	01:55:08	11:31	5.21		00:52:26	16.37%	1	1.64	2.64
Carrie Simmonds	4	10m	01:55:54	11:35	5.18		00:53:12	15.15%	1	1.52	2.52
Natalie Stone	4	10k	00:58:57	05:54	10.18	01:37:14	00:34:32	44.92%	0	4.49	4.49
Sarah Rose	4	10k	01:04:41	06:28	9.28	01:46:42	00:44:00	29.83%	0	2.98	2.98
Wendy Bourner	4	10k	01:04:41	06:28	9.28	01:46:42	00:44:00	29.83%	0	2.98	2.98
Denise Clark	4	10k	01:04:42	06:28	9.27	01:46:43	00:44:01	29.79%	0	2.98	2.98
Lynne Owen	5	10m	01:42:43	10:16	5.84		00:40:01	36.18%	10	3.62	13.62
Jill Daly	5	10m	01:44:10	10:25	5.76		00:41:28	33.86%	9	3.39	12.39
Wendy Berry	5	10m	01:50:04	11:00	5.45		00:47:22	24.46%	8	2.45	10.45
Amanda McKinnel	5	10m	01:52:00	11:12	5.36		00:49:18	21.37%	7	2.14	9.14
Dawn Sketchley	5	10m	01:52:27	11:15	5.34		00:49:45	20.65%	6	2.07	8.07
Melanie Owen	5	10m	01:55:54	11:35	5.18		00:53:12	15.15%	5	1.52	6.52
Ros Kitchen	5	10m	01:55:55	11:35	5.18		00:53:13	15.12%	4	1.51	5.51
Cary Bernard	5	10m	01:56:15	11:37	5.16		00:53:33	14.59%	3	1.46	4.46
Victoria Peckover	5	10m	01:56:30	11:39	5.15		00:53:48	14.19%	2	1.42	3.42
Tim Owen	5	10m	01:57:06	11:43	5.12		00:54:24	13.24%	1	1.32	2.32
Carol Middleton	5	10m	01:58:55	11:53	5.05		00:56:13	10.34%	1	1.03	2.03
Julie Swanepoel	5	10k	01:07:14	06:43	8.92	01:50:54	00:48:12	23.12%	0	2.31	2.31
Sophie Falkiner	5	10k	01:09:47	06:59	8.60	01:55:06	00:52:24	16.42%	0	1.64	1.64
Isla Guy	5	10k	01:10:12	07:01	8.55	01:55:48	00:53:06	15.32%	0	1.53	1.53
Lisette Jones	5	10k	01:14:10	07:25	8.09	02:02:20	00:59:38	4.88%	0	0.49	0.49
Sally Hayward	6	10m	01:57:47	11:47	5.09		00:55:05	12.15%	10	1.21	11.21
Jeff Denton	6	10m	01:58:56	11:54	5.04		00:56:14	10.31%	9	1.03	10.03
Chris Crowther	6	10m	02:10:30	13:03	4.60		01:07:48	-8.13%	8	0.00	8.00
Yvonne Stearn	6	10m	02:30:00	15:00	4.00		01:27:18	-39.23%	7	0.00	7.00
Linda Selby	6	10m	02:30:00	15:00	4.00		01:27:18	-39.23%	6	0.00	6.00
Caroline Crutchley	6	10k	01:08:34	06:51	8.75	01:53:06	00:50:24	19.62%	5	1.96	6.96
Jenny Boards	6	10k	01:14:11	07:25	8.09	02:02:22	00:59:40	4.84%	4	0.48	4.48
Roger Waterhouse	6	10k	01:14:51	07:29	8.02	02:03:28	01:00:46	3.09%	3	0.31	3.31
Sally Morris	6	10k	01:20:02	08:00	7.50	02:12:01	01:09:19	-10.55%	2	0.00	2.00
Stephen Berry	6	10k	01:20:19	08:02	7.47	02:12:29	01:09:47	-11.30%	1	0.00	1.00
Karen Youel	6	10k	01:20:49	08:05	7.42	02:13:18	01:10:36	-12.61%	1	0.00	1.00
Clare Hill	6	10k	01:20:50	08:05	7.42	02:13:20	01:10:38	-12.65%	1	0.00	1.00
Gayle Hargrave	6	10k	01:25:59	08:36	6.98	02:21:50	01:19:08	-26.20%	1	0.00	1.00
Emma Flanagan	6	10k	01:26:00	08:36	6.98	02:21:51	01:19:09	-26.25%	1	0.00	1.00