

Vale of York 10m

Name	League	Time	Pace	Speed (MPH)	Time diff to 1st	% Diff	Position Points	Pace Points	Total Points
Shaun Furzer	P	1:01:57	0:06:12	9.69	00:00:00	100.00%	10.00	10.00	20.00
Maksims Palciks	P	1:04:27	0:06:27	9.31	0:02:30	96.12%	9.00	9.61	18.61
Rowan Winks	P	1:06:38	0:06:40	9.00	0:04:41	92.97%	8.00	9.30	17.30
David Caddick	P	1:07:03	0:06:42	8.95	0:05:06	92.39%	7.00	9.24	16.24
Jennifer Knowles	P	1:12:30	0:07:15	8.28	0:10:33	85.45%	6.00	8.54	14.54
Paul Farrell	P	1:12:32	0:07:15	8.27	0:10:35	85.41%	5.00	8.54	13.54
Bill Winder	P	1:15:20	0:07:32	7.96	0:13:23	82.23%	4.00	8.22	12.22
Joe Middleton	1	1:09:06	0:06:55	8.68	0:07:09	89.65%	10.00	8.97	18.97
David Wallace	1	1:12:17	0:07:14	8.30	0:10:20	85.70%	9.00	8.57	18.57
Jurie Swanepoel	1	1:13:27	0:07:21	8.17	0:11:30	84.34%	8.00	8.43	17.43
Mark Torr	1	1:17:21	0:07:44	7.76	0:15:24	80.09%	7.00	8.01	16.01
Steven Roberts	1	1:19:17	0:07:56	7.57	0:17:20	78.14%	6.00	7.81	14.81
David Hughes	1	1:19:27	0:07:57	7.55	0:17:30	77.97%	5.00	7.80	13.80
Lucy Vamplew	1	1:20:14	0:08:01	7.48	0:18:17	77.21%	4.00	7.72	12.72
Andrew Smith	2	1:11:22	0:07:08	8.41	0:09:25	86.81%	10.00	8.68	18.68
Sue Francis	2	1:22:53	0:08:17	7.24	0:20:56	74.74%	9.00	7.47	16.47
Laura McAdam	2	1:24:45	0:08:29	7.08	0:22:48	73.10%	8.00	7.31	15.31
Adam Brown	2	1:29:30	0:08:57	6.70	0:27:33	69.22%	7.00	6.92	13.92
Ben Hall	2	1:30:28	0:09:03	6.63	0:28:31	68.48%	6.00	6.85	12.85
Joshua Stone	2	1:32:08	0:09:13	6.51	0:30:11	67.24%	5.00	6.72	11.72
Emily Owen	3	1:25:50	0:08:35	6.99	0:23:53	72.17%	10.00	7.22	17.22
Adrian Leach	3	1:26:13	0:08:37	6.96	0:24:16	71.85%	9.00	7.19	16.19
Isla Guy	3	1:27:01	0:08:42	6.90	0:25:04	71.19%	8.00	7.12	15.12
Julie Roberts	3	1:27:33	0:08:45	6.85	0:25:36	70.76%	7.00	7.08	14.08
Megan Firth	3	1:31:49	0:09:11	6.53	0:29:52	67.47%	6.00	6.75	12.75
Bev Brown	3	1:33:31	0:09:21	6.42	0:31:34	66.24%	5.00	6.62	11.62
Victoriia Peckover	3	1:34:19	0:09:26	6.36	0:32:22	65.68%	4.00	6.57	10.57
Heather Gordon	3	1:34:42	0:09:28	6.34	0:32:45	65.42%	3.00	6.54	9.54
Beth Mills	3	1:37:01	0:09:42	6.18	0:35:04	63.86%	2.00	6.39	8.39
Helen Gommersall	4	1:35:36	0:09:34	6.28	0:33:39	64.80%	10.00	6.48	16.48
Gail Tombs	4	1:36:42	0:09:40	6.20	0:34:45	64.06%	9.00	6.41	15.41
Jill Daly	4	1:37:21	0:09:44	6.16	0:35:24	63.64%	8.00	6.36	14.36
Alice Copeland	4	1:38:24	0:09:50	6.10	0:36:27	62.96%	7.00	6.30	13.30
Darren Stone	4	1:44:52	0:10:29	5.72	0:42:55	59.08%	6.00	5.91	11.91
Debbie Barton	4	1:48:34	0:10:51	5.53	0:46:37	57.06%	5.00	5.71	10.71
Keith Reynolds	4	2:01:58	0:12:12	4.92	1:00:01	50.79%	4.00	5.08	9.08
Caroline Lawrence	5	1:38:24	0:09:50	6.10	0:36:27	62.96%	10.00	6.30	16.30
Nicky Hall	5	1:46:36	0:10:40	5.63	0:44:39	58.11%	9.00	5.81	14.81
Keith Robson	5	1:48:06	0:10:49	5.55	0:46:09	57.31%	8.00	5.73	13.73
Rachel Middleton	5	1:52:27	0:11:15	5.34	0:50:30	55.09%	7.00	5.51	12.51
Carol Middleton	5	1:52:44	0:11:16	5.32	0:50:47	54.95%	6.00	5.50	12.50
Jessica Hall	6	1:44:30	0:10:27	5.74	0:42:33	59.28%	10.00	5.93	15.93
Cate Allan	6	1:48:34	0:10:51	5.53	0:46:37	57.06%	9.00	5.71	14.71
Helen Gordon	6	1:53:36	0:11:22	5.28	0:51:39	54.53%	8.00	5.45	13.45
Julie Swanepoel	6	1:58:42	0:11:52	5.05	0:56:45	52.19%	7.00	5.22	12.22
Emma Bird	6	2:01:46	0:12:11	4.93	0:59:49	50.88%	6.00	5.09	11.09
Ben Tanguay	6	2:02:32	0:12:15	4.90	1:00:35	50.56%	5.00	5.06	10.06
Laura Stephenson	6	2:06:41	0:12:40	4.74	1:04:44	48.90%	4.00	4.89	8.89
Helen Marsh	6	2:12:38	0:13:16	4.52	1:10:41	46.71%	3.00	4.67	7.67
Erika Reynolds	6	2:12:45	0:13:16	4.52	1:10:48	46.67%	2.00	4.67	6.67
Michelle Marshall	6	2:15:50	0:13:35	4.42	1:13:53	45.61%	1.00	4.56	5.56