

Pontefract 10k - Males

Name	Age Time	Age %	Points
David Caddick	00:33:20	80.1%	50.00
Stewart Haigh	00:39:39	67.4%	47.33
David Hughes	00:40:40	65.7%	44.67
Mark Torr	00:40:57	65.2%	42.00
Philip Chapman	00:42:14	63.3%	39.33
Kevin Guttridge	00:42:15	63.2%	36.67
Paul Farrell	00:43:20	61.7%	34.00
Greg Thorley	00:45:37	58.6%	31.33
David Ellicott	00:46:16	57.8%	28.67
Gary Naylor	00:46:52	57.0%	26.00
Nicholas Hall	00:49:05	54.4%	23.33
Andrew Nuut	00:53:52	49.6%	20.67
Stephen Berry	00:55:33	48.1%	18.00
Darren Stone	00:56:08	47.6%	15.33
Alan Tattersall	00:56:58	46.9%	12.67
			2.67

Pontefract 10k-Females

Name	Age Time	Age %	Points
Helen Morgan	00:34:22	88.2%	50.00
Janet Davis	00:35:08	86.3%	47.89
Sue Francis	00:38:12	79.4%	45.79
Rachel Cooke	00:41:19	73.4%	43.68
Gail Wrangles	00:43:13	70.2%	41.58
Wendy Berry	00:43:43	69.4%	39.47
Lucy Vamplew	00:44:54	67.6%	37.37
Kirsty Walker	00:45:52	66.1%	35.26
Jill Daly	00:46:00	65.9%	33.16
Debbie Macklam	00:48:38	62.4%	31.05
Helen Ramsbottom	00:50:33	60.0%	28.95
Hayley Goldthorpe	00:52:37	57.7%	26.84
Ella Moxon	00:53:28	56.7%	24.74
Caroline Lawrence	00:53:51	56.3%	22.63
Victoria Peckover	01:00:07	50.5%	20.53
Linda Selby	01:00:58	49.8%	18.42
Sally Hayward	01:01:03	49.7%	16.32
Barbara Radecki	01:03:29	47.8%	14.21
Janice Hookham	01:03:37	47.7%	12.11
			2.11