

## Monsall Trail Half

Name	League	Time	Pace	Speed (MPH)	Time diff to 1st	% Diff	Position Points	Pace Points	Total Points
Richard Ward	P	1:20:44	06:10	9.74	0:00:00	100.00%	10.00	10.00	20.00
Lyndsey Eastman	P	1:24:28	06:27	9.31	0:03:44	95.58%	9.00	9.56	18.56
David Caddick	P	1:31:25	06:59	8.60	0:10:41	88.31%	8.00	8.83	16.83
Jennifer Knowles	1	1:30:23	06:54	8.70	0:09:39	89.32%	10.00	8.93	18.93
Bill Winder	1	1:31:35	06:59	8.58	0:10:51	88.15%	9.00	8.82	17.82
Paul Farrell	1	1:33:21	07:08	8.42	0:12:37	86.48%	8.00	8.65	16.65
Alex Robson	1	1:33:22	07:08	8.42	0:12:38	86.47%	7.00	8.65	15.65
Simon Speight	1	1:44:13	07:57	7.54	0:23:29	77.47%	6.00	7.75	13.75
Sue Francis	1	1:46:54	08:10	7.35	0:26:10	75.52%	5.00	7.55	12.55
Neville Marshall	2	1:41:20	07:44	7.76	0:20:36	79.67%	10.00	7.97	17.97
Kirsty Walker	2	1:43:48	07:55	7.57	0:23:04	77.78%	9.00	7.78	16.78
Lucy Vamplew	2	1:44:33	07:59	7.52	0:23:49	77.22%	8.00	7.72	15.72
David Wallace	2	1:44:35	07:59	7.52	0:23:51	77.20%	7.00	7.72	14.72
Joe Middleton	2	1:46:17	08:07	7.40	0:25:33	75.96%	6.00	7.60	13.60
Rob Newsome	2	1:46:37	08:08	7.37	0:25:53	75.72%	5.00	7.57	12.57
Adam Brown	2	1:50:03	08:24	7.14	0:29:19	73.36%	4.00	7.34	11.34
Catherine Warren	2	1:54:03	08:42	6.89	0:33:19	70.79%	3.00	7.08	10.08
Andrew Smith	2	1:54:51	08:46	6.84	0:34:07	70.29%	2.00	7.03	9.03
Adrian Leach	2	2:09:38	09:54	6.06	0:48:54	62.28%	1.00	6.23	7.23
Kevin Guttridge	3	1:47:28	08:12	7.31	0:26:44	75.12%	10.00	7.51	17.51
Fiona Marcantonio-J	3	1:49:20	08:21	7.19	0:28:36	73.84%	9.00	7.38	16.38
Christian Brooks	3	1:50:04	08:24	7.14	0:29:20	73.35%	8.00	7.33	15.33
David Ellicott	3	1:56:19	08:53	6.76	0:35:35	69.41%	7.00	6.94	13.94
Olivia Young	3	1:59:00	09:05	6.61	0:38:16	67.84%	6.00	6.78	12.78
Nicolas Daudet	4	2:02:17	09:20	6.43	0:41:33	66.02%	10.00	6.60	16.60
Bev Brown	4	2:03:05	09:24	6.39	0:42:21	65.59%	9.00	6.56	15.56
Stewart Haigh	4	2:19:16	10:38	5.64	0:58:32	57.97%	8.00	5.80	13.80
Millie Watson	4	2:19:52	10:41	5.62	0:59:08	57.72%	7.00	5.77	12.77
Lesley Needham	4	2:29:12	11:23	5.27	1:08:28	54.11%	6.00	5.41	11.41
Stephanie Field	4	2:59:23	13:42	4.38	1:38:39	45.01%	5.00	4.50	9.50
Christopher Field	4	2:59:25	13:42	4.38	1:38:41	45.00%	4.00	4.50	8.50
Victoria Peckover	5	2:02:56	09:23	6.39	0:42:12	65.67%	10.00	6.57	16.57
Isla Guy	5	2:09:24	09:53	6.07	0:48:40	62.39%	9.00	6.24	15.24
Sophie Falkiner	5	2:18:30	10:34	5.68	0:57:46	58.29%	8.00	5.83	13.83
Nicky Hall	5	2:25:00	11:04	5.42	1:04:16	55.68%	7.00	5.57	12.57
Nicola Henshaw	5	2:38:00	12:04	4.97	1:17:16	51.10%	6.00	5.11	11.11
Sally Hayward	6	2:30:09	11:28	5.23	1:09:25	53.77%	10.00	5.38	15.38
Karen Youel	6	2:38:01	12:04	4.97	1:17:17	51.09%	9.00	5.11	14.11
Louise Bellas	6	2:41:29	12:20	4.87	1:20:45	49.99%	8.00	5.00	13.00
Jessica Hall	6	2:47:38	12:48	4.69	1:26:54	48.16%	6.50	4.82	11.32
Laura Stephenson	6	2:47:38	12:48	4.69	1:26:54	48.16%	6.50	4.82	11.32