

Wakefield 10k

Name	League	Time	Pace	Speed (MPH)	Time diff to 1st	% Diff	Position Points	Pace Points	Total Points
Shaun Furzer	P	0:36:45	05:55	10.15	0:00:00	100.00%	10.00	10.00	20.00
Richard Ward	P	0:37:31	06:02	9.94	0:00:46	97.96%	9.00	9.80	18.80
Maksims Palciks	P	0:38:25	06:11	9.71	0:01:40	95.66%	8.00	9.57	17.57
Jennifer Knowles	P	0:39:37	06:23	9.41	0:02:52	92.76%	7.00	9.28	16.28
Richard Burke	P	0:40:35	06:32	9.19	0:03:50	90.55%	6.00	9.06	15.06
Paul Farrell	P	0:41:42	06:43	8.94	0:04:57	88.13%	5.00	8.81	13.81
Mick Flaherty	P	0:42:55	06:54	8.69	0:06:10	85.63%	4.00	8.56	12.56
Bill Winder	P	0:44:40	07:11	8.35	0:07:55	82.28%	3.00	8.23	11.23
Joe Worthington	P	0:44:42	07:12	8.34	0:07:57	82.21%	2.00	8.22	10.22
Liam Saddler	1	0:42:24	06:49	8.79	0:05:39	86.67%	10.00	8.67	18.67
Stephen Batty	1	0:43:01	06:55	8.67	0:06:16	85.43%	9.00	8.54	17.54
Jurie Swanepoel	1	0:43:19	06:58	8.61	0:06:34	84.84%	8.00	8.48	16.48
Simon Bennett	1	0:43:34	07:01	8.56	0:06:49	84.35%	7.00	8.44	15.44
David Wallace	1	0:43:38	07:01	8.54	0:06:53	84.22%	6.00	8.42	14.42
Mark Leadbeater	1	0:43:51	07:03	8.50	0:07:06	83.81%	5.00	8.38	13.38
Paul Lawrence	1	0:46:16	07:27	8.06	0:09:31	79.43%	4.00	7.94	11.94
Steven Roberts	1	0:46:34	07:30	8.01	0:09:49	78.92%	3.00	7.89	10.89
Mark Torr	1	0:46:43	07:31	7.98	0:09:58	78.67%	2.00	7.87	9.87
Christian Brooks	1	0:47:15	07:36	7.89	0:10:30	77.78%	1.00	7.78	8.78
Neville Marshall	2	0:46:26	07:28	8.03	0:09:41	79.15%	10.00	7.91	17.91
Joanne Burke	2	0:46:56	07:33	7.94	0:10:11	78.30%	9.00	7.83	16.83
Kevin Guttridge	2	0:48:09	07:45	7.74	0:11:24	76.32%	8.00	7.63	15.63
David Maloney	2	0:48:20	07:47	7.71	0:11:35	76.03%	7.00	7.60	14.60
Jamie Illingworth	2	0:49:05	07:54	7.60	0:12:20	74.87%	6.00	7.49	13.49
Sandy George	2	0:49:16	07:56	7.57	0:12:31	74.59%	5.00	7.46	12.46
Laura McAdam	2	0:49:16	07:56	7.57	0:12:31	74.59%	4.00	7.46	11.46
Sue Francis	2	0:49:17	07:56	7.57	0:12:32	74.57%	3.00	7.46	10.46
Emily Owen	3	0:49:07	07:54	7.59	0:12:22	74.82%	10.00	7.48	17.48
Rachel Cooke	3	0:49:57	08:02	7.46	0:13:12	73.57%	9.00	7.36	16.36
Fiona Marcantonio-Jones	3	0:50:16	08:05	7.42	0:13:31	73.11%	8.00	7.31	15.31
Julie Roberts	3	0:51:00	08:12	7.31	0:14:15	72.06%	7.00	7.21	14.21
Catherine Warren	3	0:51:59	08:22	7.17	0:15:14	70.70%	6.00	7.07	13.07
Ken Tait	3	0:54:59	08:51	6.78	0:18:14	66.84%	5.00	6.68	11.68
Stuart Sykes	3	0:56:08	09:02	6.64	0:19:23	65.47%	4.00	6.55	10.55
Beth Mills	3	0:56:38	09:07	6.58	0:19:53	64.89%	3.00	6.49	9.49
Sue Wallace	4	0:52:09	08:24	7.15	0:15:24	70.47%	10.00	7.05	17.05
Millie Watson	4	0:52:23	08:26	7.12	0:15:38	70.16%	9.00	7.02	16.02
Donna Richardson	4	0:52:23	08:26	7.12	0:15:38	70.16%	8.00	7.02	15.02
Kate Papworth	4	0:53:26	08:36	6.98	0:16:41	68.78%	7.00	6.88	13.88
Sally-Ann Chapman	4	0:54:07	08:43	6.89	0:17:22	67.91%	6.00	6.79	12.79
Alice Copeland	4	0:54:34	08:47	6.83	0:17:49	67.35%	5.00	6.73	11.73
Alice Naylor	4	0:55:03	08:52	6.77	0:18:18	66.76%	4.00	6.68	10.68
Helen Gommersall	4	0:55:05	08:52	6.77	0:18:20	66.72%	3.00	6.67	9.67
Natalie Stone	4	0:56:31	09:06	6.60	0:19:46	65.03%	2.00	6.50	8.50
Jill Daly	4	0:57:47	09:18	6.45	0:21:02	63.60%	1.00	6.36	7.36
Stewart Haigh	4	0:58:14	09:22	6.40	0:21:29	63.11%	1.00	6.31	7.31
Gary Naylor	4	0:58:35	09:26	6.36	0:21:50	62.73%	1.00	6.27	7.27
Keith Reynolds	4	0:59:06	09:31	6.31	0:22:21	62.18%	1.00	6.22	7.22
Gail Tombs	4	1:00:07	09:40	6.20	0:23:22	61.13%	1.00	6.11	7.11
Theresa De Beer	5	0:57:29	09:15	6.49	0:20:44	63.93%	10.00	6.39	16.39
Caroline Lawrence	5	0:58:23	09:24	6.39	0:21:38	62.95%	9.00	6.29	15.29
Faye Maloney	5	0:59:03	09:30	6.31	0:22:18	62.24%	8.00	6.22	14.22

Martyn Stearn	5	1:01:25	09:53	6.07	0:24:40	59.84%	7.00	5.98	12.98
Nicky Hall	5	1:01:41	09:56	6.04	0:24:56	59.58%	6.00	5.96	11.96
Lynne Owen	5	1:03:22	10:12	5.88	0:26:37	58.00%	5.00	5.80	10.80
Melanie Owen	5	1:06:43	10:44	5.59	0:29:58	55.08%	4.00	5.51	9.51
Ian Hookham	5	1:08:11	10:58	5.47	0:31:26	53.90%	3.00	5.39	8.39
Tim Owen	5	1:10:31	11:21	5.29	0:33:46	52.12%	2.00	5.21	7.21
Ellen Shepherd	5	1:12:02	11:36	5.18	0:35:17	51.02%	1.00	5.10	6.10
Cate Allan	6	1:03:33	10:14	5.87	0:26:48	57.83%	10.00	5.78	15.78
Georgi Newton	6	1:03:57	10:17	5.83	0:27:12	57.47%	9.00	5.75	14.75
Kelly Szabo	6	1:05:00	10:28	5.74	0:28:15	56.54%	8.00	5.65	13.65
Steve Baker	6	1:05:24	10:31	5.70	0:28:39	56.19%	7.00	5.62	12.62
Cary Bernard	6	1:05:59	10:37	5.65	0:29:14	55.70%	6.00	5.57	11.57
Helen Gordon	6	1:06:04	10:38	5.64	0:29:19	55.63%	5.00	5.56	10.56
Sally Morris	6	1:08:53	11:05	5.41	0:32:08	53.35%	4.00	5.34	9.34
Elena Clark	6	1:09:28	11:11	5.37	0:32:43	52.90%	3.00	5.29	8.29
Julie Swanepoel	6	1:10:36	11:22	5.28	0:33:51	52.05%	2.00	5.21	7.21
Emma Bird	6	1:13:22	11:48	5.08	0:36:37	50.09%	1.00	5.01	6.01
Barbara Radecki	6	1:13:23	11:49	5.08	0:36:38	50.08%	1.00	5.01	6.01
Roger Waterhouse	6	1:16:23	12:18	4.88	0:39:38	48.11%	1.00	4.81	5.81
Alan Tattersall	6	1:16:33	12:19	4.87	0:39:48	48.01%	1.00	4.80	5.80
Christine Hall	6	1:16:33	12:19	4.87	0:39:48	48.01%	1.00	4.80	5.80
Erika Reynolds	6	1:17:24	12:27	4.82	0:40:39	47.48%	1.00	4.75	5.75
Alison John-Baptiste	6	1:23:26	13:26	4.47	0:46:41	44.05%	1.00	4.40	5.40
Linda Selby	6	1:25:31	13:46	4.36	0:48:46	42.97%	1.00	4.30	5.30
Yvonne Stearn	6	1:25:32	13:46	4.36	0:48:47	42.97%	1.00	4.30	5.30
Janice Hookham	6	1:32:14	14:51	4.04	0:55:29	39.84%	1.00	3.98	4.98