

## Spencer's Dash Series

Name	League	Best time	Pace	Speed (MPH)	Time diff to 1st	% Diff	Position Points	Pace Points	Total Points
Joe Worthington	P	#####	06:11	9.70	00:00:00	100.00%	10	10.00	20.00
Helen Morgan	P	#####	06:31	9.22	00:01:14	95.01%	9	9.50	18.50
David Hughes	P	#####	06:31	9.20	00:01:17	94.82%	8	9.48	17.48
Maksims Palciks	P	#####	06:32	9.18	00:01:20	94.63%	6.5	9.46	15.96
Richard Burke	P	#####	06:32	9.18	00:01:20	94.63%	6.5	9.46	15.96
Jordan Ripley	P	#####	06:35	9.11	00:01:32	93.87%	5	9.39	14.39
David Caddick	P	#####	06:36	9.10	00:01:34	93.75%	4	9.38	13.38
Will Horobin	P	#####	06:38	9.04	00:01:44	93.13%	3	9.31	12.31
Alex Robson	1	#####	06:33	9.16	00:01:23	94.44%	10	9.44	19.44
Bill Winder	1	#####	06:38	9.05	00:01:41	93.32%	9	9.33	18.33
Paul Farrell	1	#####	06:59	8.59	00:03:02	88.57%	8	8.86	16.86
Mark Leadbeater	1	#####	06:59	8.58	00:03:04	88.46%	7	8.85	15.85
Darren Horobin	1	#####	07:27	8.06	00:04:48	83.04%	6	8.30	14.30
Paul Bernardo	1	#####	07:36	7.89	00:05:23	81.36%	5	8.14	13.14
Sue Francis	1	#####	08:04	7.43	00:07:10	76.63%	4	7.66	11.66
Joe Middleton	2	#####	06:48	8.81	00:02:22	90.85%	10	9.09	19.09
Liam Saddler	2	#####	06:59	8.60	00:03:01	88.62%	9	8.86	17.86
Steven Roberts	2	#####	07:03	8.51	00:03:17	87.74%	8	8.77	16.77
Lucy Vamplew	2	#####	07:32	7.97	00:05:06	82.17%	7	8.22	15.22
Rob Newsome	2	#####	07:45	7.75	00:05:56	79.84%	6	7.98	13.98
Joanne Burke	2	#####	07:45	7.75	00:05:56	79.84%	5	7.98	12.98
Kirsty Walker	2	#####	07:48	7.69	00:06:10	79.21%	4	7.92	11.92
Rose James	2	#####	07:52	7.63	00:06:22	78.68%	3	7.87	10.87
Neville Marshall	2	#####	07:54	7.59	00:06:32	78.25%	2	7.82	9.82
Mark Webster	2	#####	08:06	7.41	00:07:17	76.34%	1	7.63	8.63
Liane Warren	2	#####	08:20	7.20	00:08:09	74.25%	1	7.42	8.42
Adrian Leach	2	#####	08:21	7.18	00:08:15	74.02%	1	7.40	8.40
Andrew Nuut	2	#####	09:54	6.06	00:14:09	62.42%	1	6.24	7.24
Laura Mcadam	3	#####	07:58	7.53	00:06:46	77.64%	10	7.76	17.76
Fiona Marcantonio-J	3	#####	08:10	7.35	00:07:32	75.73%	9	7.57	16.57
Julie Roberts	3	#####	08:19	7.21	00:08:08	74.29%	8	7.43	15.43
Rachel Cooke	3	#####	08:21	7.18	00:08:14	74.05%	7	7.41	14.41
Gemma Lund-Ashby	3	#####	09:02	6.64	00:10:49	68.48%	6	6.85	12.85
Nicolas Daudet	4	#####	08:43	6.88	00:09:38	70.93%	10	7.09	17.09
Bev Brown	4	#####	08:44	6.87	00:09:42	70.78%	9	7.08	16.08
Helen Ramsbottom	4	#####	09:07	6.58	00:11:09	67.82%	8	6.78	14.78
Sally-Ann Chapman	4	#####	09:08	6.57	00:11:13	67.69%	7	6.77	13.77
Sue Wallace	4	#####	09:29	6.33	00:12:32	65.22%	6	6.52	12.52
Lesley Needham	4	#####	09:33	6.28	00:12:49	64.71%	5	6.47	11.47
Stewart Haigh	4	#####	09:44	6.16	00:13:30	63.51%	4	6.35	10.35
Natalie Stone	4	#####	09:54	6.06	00:14:09	62.42%	3	6.24	9.24
Sarah Turner	4	#####	10:08	5.92	00:15:00	61.04%	2	6.10	8.10
Isla Guy	5	#####	09:24	6.39	00:12:12	65.83%	10	6.58	16.58
Wendy Berry	5	#####	09:36	6.25	00:12:59	64.41%	9	6.44	15.44
Nicky Hall	5	#####	10:17	5.83	00:15:36	60.10%	8	6.01	14.01
Ian Hookham	5	#####	10:28	5.74	00:16:15	59.12%	7	5.91	12.91
Steve Baker	5	#####	11:24	5.26	00:19:49	54.25%	6	5.43	11.43
Cary Bernard	5	#####	11:57	5.02	00:21:56	51.72%	5	5.17	10.17
Debbie Worthington	6	#####	10:58	5.47	00:18:10	56.40%	4	5.64	9.64
Stephen Berry	6	#####	12:45	4.70	00:24:58	48.49%	3.00	4.85	7.85
Janice Hookham	6	#####	15:01	4.00	00:33:33	41.19%	2.00	4.12	6.12