

## Nostell parkrun

Name	Time	Points
Lucy Vamplew	0:24:03	50.00
Nicola Thomson	0:24:15	48.86
Joanne Burke	0:24:22	47.71
Laura Mcadam	0:25:43	46.57
Sue Francis	0:26:01	45.43
Fiona Marcantonio	0:26:05	44.29
Rachel Cooke	0:26:51	43.14
Alice Copeland	0:27:47	42.00
Gail Wrangles	0:28:24	40.86
Victoria Peckover	0:28:59	39.71
Donna Allan	0:29:47	38.57
Debbie Macklam	0:30:19	37.43
Theresa De Beer	0:31:22	36.29
Wendy Berry	0:32:01	35.14
Caroline Lawrence	0:32:40	34.00
Isla Guy	0:33:04	32.86
Gemma Lund-Asht	0:33:10	31.71
Georgi Newton	0:33:14	30.57
Nicola Henshaw	0:34:44	29.43
Sue Knowles	0:34:46	28.29
Amanda McKinnell	0:35:54	27.14
Jenny Boards	0:36:18	26.00
Louise Bellas	0:37:30	24.86
Clare Hill	0:38:17	23.71
Helen Marsh	0:40:01	22.57
Laura Stephenson	0:40:42	21.43
Jessica Hall	0:41:24	20.29
Tracy Bridgett	0:41:54	19.14
Tracy Anastasiou	0:44:00	18.00
Emma Bird	0:44:52	16.86
Karen Robson	0:48:32	15.71
Sally Morris	0:49:02	14.57
Deborah Eastwood	0:49:08	13.43
Gill Bennett	0:49:09	12.29
Rachael Speight	1:06:59	11.14