

Dewsbury 10k

Name	League	Time	Pace	Speed (MPH)	Time diff to 1st	% Diff	Position Points	Pace Points	Total Points
Laith Flanagan	P	0:37:32	06:02	9.93	00:00:00	100.00%	10	10.00	20.00
Shaun Yates	P	0:37:32	06:02	9.93	00:00:00	100.00%	10	10.00	20.00
Joe Worthington	P	0:37:33	06:03	9.93	00:00:01	99.96%	8	10.00	18.00
Ryan Aubrey	P	0:38:07	06:08	9.78	00:00:35	98.47%	7	9.85	16.85
Sam Lockett	P	0:38:31	06:12	9.68	00:00:59	97.45%	6	9.74	15.74
Richard Ward	P	0:38:48	06:15	9.61	00:01:16	96.74%	5	9.67	14.67
Will Horobin	P	0:39:41	06:23	9.40	00:02:09	94.58%	4	9.46	13.46
Jordan Ripley	P	0:40:06	06:27	9.30	00:02:34	93.60%	3	9.36	12.36
Daniel Torr	P	0:40:24	06:30	9.23	00:02:52	92.90%	2	9.29	11.29
Richard Burke	P	0:40:44	06:33	9.15	00:03:12	92.14%	1	9.21	10.21
Helen Morgan	P	0:40:56	06:35	9.11	00:03:24	91.69%	1	9.17	10.17
Chris Askin	P	0:41:30	06:41	8.98	00:03:58	90.44%	1	9.04	10.04
Robert Milner	P	0:41:33	06:41	8.97	00:04:01	90.33%	1	9.03	10.03
David Hughes	P	0:42:27	06:50	8.78	00:04:55	88.42%	1	8.84	9.84
Michael Robinson	P	0:42:29	06:50	8.78	00:04:57	88.35%	1	8.83	9.83
Maksims Palciks	P	0:42:43	06:52	8.73	00:05:11	87.87%	1	8.79	9.79
Jurie Swanepoel	P	0:48:19	07:47	7.72	00:10:47	77.68%	1	7.77	8.77
Paul Farrell	1	0:42:05	06:46	8.86	00:04:33	89.19%	10	8.92	18.92
Oliver Wigglesworth	1	0:42:29	06:50	8.78	00:04:57	88.35%	9	8.83	17.83
Jennifer Knowles	1	0:43:08	06:56	8.64	00:05:36	87.02%	8	8.70	16.70
Mark Torr	1	0:43:23	06:59	8.59	00:05:51	86.52%	7	8.65	15.65
Nicola Thomson	1	0:43:28	07:00	8.58	00:05:56	86.35%	6	8.63	14.63
Paul Bernardo	1	0:43:30	07:00	8.57	00:05:58	86.28%	5	8.63	13.63
Bill Winder	1	0:43:58	07:05	8.48	00:06:26	85.37%	3.5	8.54	12.04
Adam Bernardo	1	0:43:58	07:05	8.48	00:06:26	85.37%	3.5	8.54	12.04
Mark Leadbeater	1	0:44:26	07:09	8.39	00:06:54	84.47%	2	8.45	10.45
Darren Horobin	1	0:44:53	07:13	8.31	00:07:21	83.62%	1	8.36	9.36
Sue Francis	1	0:45:55	07:23	8.12	00:08:23	81.74%	1	8.17	9.17
Paul Lawrence	1	0:46:09	07:26	8.08	00:08:37	81.33%	1	8.13	9.13
Alister Nicholl	1	0:51:39	08:19	7.22	00:14:07	72.67%	1	7.27	8.27
Emma Evans	1	0:54:48	08:49	6.80	00:17:16	68.49%	1	6.85	7.85
Steven Roberts	2	0:44:52	07:13	8.31	00:07:20	83.66%	10	8.37	18.37
Liam Saddler	2	0:45:12	07:16	8.25	00:07:40	83.04%	9	8.30	17.30
Tammy Gaines	2	0:45:45	07:22	8.15	00:08:13	82.04%	8	8.20	16.20
Lucy Vamplew	2	0:46:05	07:25	8.09	00:08:33	81.45%	7	8.14	15.14
Joe Middleton	2	0:46:23	07:28	8.04	00:08:51	80.92%	6	8.09	14.09
James Davey	2	0:46:28	07:29	8.02	00:08:56	80.77%	5	8.08	13.08
Andrew Smith	2	0:47:15	07:36	7.89	00:09:43	79.44%	4	7.94	11.94
Robert Newsome	2	0:47:41	07:40	7.82	00:10:09	78.71%	3	7.87	10.87
Neville Marshall	2	0:47:45	07:41	7.81	00:10:13	78.60%	2	7.86	9.86
Adam Brown	2	0:47:51	07:42	7.79	00:10:19	78.44%	1	7.84	8.84
Callum Smith	2	0:47:59	07:43	7.77	00:10:27	78.22%	1	7.82	8.82
Sandy George	2	0:49:52	08:01	7.48	00:12:20	75.27%	1	7.53	8.53
Josh Stone	2	0:50:37	08:09	7.37	00:13:05	74.15%	1	7.42	8.42
Adrian Leach	2	0:51:08	08:14	7.29	00:13:36	73.40%	1	7.34	8.34
Mark Hull	2	0:52:38	08:28	7.08	00:15:06	71.31%	1	7.13	8.13
Andrew Nuut	2	0:54:40	08:48	6.82	00:17:08	68.66%	1	6.87	7.87
Dave Allison	2	0:55:19	08:54	6.74	00:17:47	67.85%	1	6.79	7.79
Laura Mcadam	3	0:48:41	07:50	7.66	00:11:09	77.10%	10	7.71	17.71
Beth Lunn	3	0:50:59	08:12	7.31	00:13:27	73.62%	9	7.36	16.36
Megan Firth	3	0:51:01	08:13	7.31	00:13:29	73.57%	8	7.36	15.36
Olivia Young	3	0:52:10	08:24	7.15	00:14:38	71.95%	7	7.19	14.19

Julie Roberts	3	0:52:37	08:28	7.09	00:15:05	71.33%	6	7.13	13.13
Alice Copeland	3	0:52:45	08:29	7.07	00:15:13	71.15%	5	7.12	12.12
Rose Wigglesworth	3	0:54:00	08:41	6.90	00:16:28	69.51%	4	6.95	10.95
Christian Brooks	3	0:55:19	08:54	6.74	00:17:47	67.85%	3	6.79	9.79
Emily Chatwin	3	0:56:13	09:03	6.63	00:18:41	66.77%	2	6.68	8.68
Bev Brown	4	0:52:41	08:29	7.08	00:15:09	71.24%	10	7.12	17.12
Heather Gordon	4	0:53:44	08:39	6.94	00:16:12	69.85%	9	6.99	15.99
Nicolas Daudet	4	0:54:29	08:46	6.84	00:16:57	68.89%	8	6.89	14.89
Simon Hill	4	0:54:35	08:47	6.83	00:17:03	68.76%	7	6.88	13.88
Donna Allan	4	0:54:37	08:47	6.83	00:17:05	68.72%	6	6.87	12.87
Hannah Faulkner	4	0:54:51	08:50	6.80	00:17:19	68.43%	5	6.84	11.84
Helen Ramsbottom	4	0:55:03	08:52	6.77	00:17:31	68.18%	4	6.82	10.82
Stewart Haigh	4	0:56:39	09:07	6.58	00:19:07	66.25%	3	6.63	9.63
Sarah Turner	4	0:56:54	09:09	6.55	00:19:22	65.96%	2	6.60	8.60
Darren Stone	4	0:57:13	09:12	6.52	00:19:41	65.60%	1	6.56	7.56
Gail Tombs	4	0:57:35	09:16	6.47	00:20:03	65.18%	1	6.52	7.52
Caroline Lawrence	4	0:59:01	09:30	6.32	00:21:29	63.60%	1	6.36	7.36
Martyn Stearn	4	0:59:50	09:38	6.23	00:22:18	62.73%	1	6.27	7.27
Sue Knowles	4	1:00:44	09:46	6.14	00:23:12	61.80%	1	6.18	7.18
Stephanie Field	4	1:00:54	09:48	6.12	00:23:22	61.63%	1	6.16	7.16
Wendy Bourner	4	1:01:39	09:55	6.05	00:24:07	60.88%	1	6.09	7.09
Christopher Field	4	1:02:59	10:08	5.92	00:25:27	59.59%	1	5.96	6.96
Roy Simpson	4	1:04:40	10:24	5.77	00:27:08	58.04%	1	5.80	6.80
Michael Knowles	4	1:09:49	11:14	5.34	00:32:17	53.76%	1	5.38	6.38
Debbie Macklam	5	0:57:55	09:19	6.44	00:20:23	64.81%	10	6.48	16.48
Wendy Berry	5	0:59:55	09:39	6.22	00:22:23	62.64%	9	6.26	15.26
Lynne Owen	5	0:59:58	09:39	6.22	00:22:26	62.59%	8	6.26	14.26
Gary Naylor	5	1:01:06	09:50	6.10	00:23:34	61.43%	7	6.14	13.14
Sophie Falkiner	5	1:01:18	09:52	6.08	00:23:46	61.23%	6	6.12	12.12
Julie Swanepoel	5	1:03:31	10:13	5.87	00:25:59	59.09%	5	5.91	10.91
Dawn Sketchley	5	1:04:06	10:19	5.82	00:26:34	58.55%	4	5.86	9.86
Amanda McKinnell	5	1:04:35	10:24	5.77	00:27:03	58.12%	3	5.81	8.81
Carol Middleton	5	1:05:56	10:37	5.65	00:28:24	56.93%	2	5.69	7.69
Cate Allan	5	1:06:01	10:37	5.65	00:28:29	56.85%	1	5.69	6.69
Cary Bernard	5	1:09:18	11:09	5.38	00:31:46	54.16%	1	5.42	6.42
Elena Clark	5	1:09:33	11:12	5.36	00:32:01	53.97%	1	5.40	6.40
Debbie Worthington	6	1:06:50	10:45	5.58	00:29:18	56.16%	10	5.62	15.62
Jeff Denton	6	1:09:31	11:11	5.36	00:31:59	53.99%	9	5.40	14.40
Sarah Longfield	6	1:10:04	11:17	5.32	00:32:32	53.57%	8	5.36	13.36
Stephen Berry	6	1:13:22	11:48	5.08	00:35:50	51.16%	7	5.12	12.12
Ben Tanguay	6	1:13:24	11:49	5.08	00:35:52	51.14%	6	5.11	11.11
Michelle Marshall	6	1:18:05	12:34	4.77	00:40:33	48.07%	5	4.81	9.81
Yvonne Stearn	6	1:19:32	12:48	4.69	00:42:00	47.19%	4	4.72	8.72
Janice Hookham	6	1:29:10	14:21	4.18	00:51:38	42.09%	3	4.21	7.21