

Fountains Abbey parkrun

Name	League	Time	Pace	Speed (MPH)	Time diff to 1st	% Diff	Position Points	Pace Points	Total Points
Shaun Furzer	P	0:18:39	06:00	10.00	0:00:00	100.00%	10.00	10.00	20.00
Richard Ward	P	0:18:42	06:01	9.97	0:00:03	99.73%	9.00	9.97	18.97
Robert Milner	P	0:19:36	06:19	9.51	0:00:57	95.15%	8.00	9.52	17.52
Richard Burke	P	0:19:37	06:19	9.50	0:00:58	95.07%	7.00	9.51	16.51
Jordan Ripley	P	0:19:40	06:20	9.48	0:01:01	94.83%	6.00	9.48	15.48
Helen Morgan	P	0:20:19	06:32	9.18	0:01:40	91.80%	5.00	9.18	14.18
Alex Robson	1	0:20:03	06:27	9.30	0:01:24	93.02%	10.00	9.30	19.30
Ryan Gascoigne	1	0:21:23	06:53	8.72	0:02:44	87.22%	9.00	8.72	17.72
Sue Francis	1	0:24:12	07:47	7.70	0:05:33	77.07%	8.00	7.71	15.71
Joe Middleton	2	0:19:34	06:18	9.53	0:00:55	95.32%	10.00	9.53	19.53
Lucy Vamplew	2	0:22:14	07:09	8.38	0:03:35	83.88%	9.00	8.39	17.39
Adam Brown	2	0:22:17	07:10	8.37	0:03:38	83.69%	8.00	8.37	16.37
Kirsty Walker	2	0:22:29	07:14	8.29	0:03:50	82.95%	7.00	8.30	15.30
Joanne Burke	2	0:23:01	07:24	8.10	0:04:22	81.03%	6.00	8.10	14.10
Rob Newsome	2	0:23:30	07:34	7.93	0:04:51	79.36%	5.00	7.94	12.94
Debbie Barton	4	0:28:14	09:05	6.60	0:09:35	66.06%	10.00	6.61	16.61
Sally-Ann Chapman	4	0:28:27	09:09	6.55	0:09:48	65.55%	9.00	6.56	15.56
Martyn Stearn	4	0:30:15	09:44	6.16	0:11:36	61.65%	8.00	6.17	14.17
Thomas Macklam	4	0:34:00	10:57	5.48	0:15:21	54.85%	7.00	5.49	12.49
Jill Daly	5	0:27:49	08:57	6.70	0:09:10	67.05%	10.00	6.70	16.70
Debbie Macklam	5	0:29:58	09:39	6.22	0:11:19	62.24%	9.00	6.22	15.22
Wendy Berry	5	0:31:17	10:04	5.96	0:12:38	59.62%	8.00	5.96	13.96
Ian Hookham	5	0:32:19	10:24	5.77	0:13:40	57.71%	7.00	5.77	12.77
Carol Middleton	5	0:32:22	10:25	5.76	0:13:43	57.62%	6.00	5.76	11.76
Dawn Sketchley	5	0:33:54	10:55	5.50	0:15:15	55.01%	5.00	5.50	10.50
Steve Baker	5	0:34:12	11:00	5.45	0:15:33	54.53%	4.00	5.45	9.45
Cary Bernard	5	0:37:36	12:06	4.96	0:18:57	49.60%	3.00	4.96	7.96
Sally Morris	6	0:33:38	10:50	5.54	0:14:59	55.45%	10.00	5.55	15.55
Ben Tanguay	6	0:36:11	11:39	5.15	0:17:32	51.54%	9.00	5.15	14.15
Louise Bellas	6	0:36:14	11:40	5.14	0:17:35	51.47%	8.00	5.15	13.15
Jessica Hall	6	0:36:24	11:43	5.12	0:17:45	51.24%	7.00	5.12	12.12
Laura Stephenson	6	0:37:34	12:05	4.96	0:18:55	49.65%	6.00	4.96	10.96
Emma Bird	6	0:38:40	12:27	4.82	0:20:01	48.23%	5.00	4.82	9.82
Karen Robson	6	0:41:52	13:28	4.45	0:23:13	44.55%	4.00	4.45	8.45
Tracy Bridgett	6	0:43:14	13:55	4.31	0:24:35	43.14%	3.00	4.31	7.31
Janice Hookham	6	0:46:10	14:52	4.04	0:27:31	40.40%	2.00	4.04	6.04