



Ackworth Road Runners Committee Meeting Summary

2nd April 2025

The Masons, Ackworth

Present:

Stewart Haigh	Chair	SH
Paul Bernardo	Treasurer	PB
Steve Berry		SB
Dave Hughes		DH
Emma Flanagan		EF
Ruth Walker (Minutes Secretary)		RW

Apologies for absence

Dawn Sketchley, Lucy Vamplew, Mark Leadbeater, Cate Allan and Joe Worthington.

Previous Minutes and matters arising

- a) **Costco subscription** – renewal still outstanding. DS & CA to be added to the account but this needs to be done in person.

Action: SB, DS & CA to visit Costco on DS return from hols.

- b) Membership of the Cricket Club – approx. 180 members have now paid so no longer felt to be an issue. SH to discuss further with Leah.

Action: SH

Chairman's Slot

The Chair welcomed everyone and thanked them for their attendance.

He advised that some elements of the handover are going well, with new Stats Team developing within their roles in relation to race recording, reporting and their first attempt at GP points.

The posting of race results/reports/achievements is making very little progress, SH to look into getting race results/achievements live on the website.

Action: SH

Treasurer's Slot

PB shared details of income and expenditure for the month. The bank account is looking very healthy but there will be significant outgoings this month as EA subs are due.

Club affiliation fees to be paid ASAP.

Action: SH to arrange payment of club fees.

Members subs to be paid mid-April, requires members to be processed on EA website prior to payment.

Action: ML & SH to liaise regarding process

The mandates required to switch persons named on the account are completed and the switch is in progress.

PB has received notification that payment for the Land Trust Licence is outstanding. LT need up to date 3rd party insurances with payment, current doc expired on 31st March.

Action: SH to obtain updated insurance docs. PB to pay once docs received.

Secretary's Slot

RW read a letter from the Cricket Club thanking ARR for the donation of the TV for the extension.

Sector Updates

a) Memberships – SH reported we have approx. 300 affiliated members for the new year (including those who have joined in the last quarter). There are a small number of members who are/have been active recently who have not yet re-joined. List to be compiled post-meeting by SH & RW and passed to ML to make contact.

Action: RW to provide ML with list of members. ML to make contact regarding re-joining.

b) Club Captains Report – DH provided details of achievements through the month of March.

Notable Results

Race Achievements

- 8 Ran the Thirsk 10 miles with Poppy Cooke our first finisher and second lady overall (first in age category) in 1:01:33.
- 5 Participants in the Grindleford Gallop 20miles trail run in the peaks – Ryan Smith our first home.
- Three participants in the Sherwood Pines Backyard Ultra, Andy Smith achieved the longest distance with '14 yards'.
- Simon and Rachel Speight both completed the Chester 50 Ultra.
- Jurie completed the Morland marathon for his first ultra in the UK.
- We had 4 teams in the PECO relays at the start of March – the final race in the series. The men's vets team finished second in the first division.

GP events

- Wakefield Hospice 10k – 75 members ran. Shaun Furzer our first male finisher (36:45), Jenny Knowles our first female (39:37) and 4th lady overall and 3rd in age category. Sue Francis first in age category. Ken Tait and Gail Tombs second in age category. Sandy George, Jurie Swanepoel and Simon Bennett third in age categories. Our own Pat Wood was the official starter – as you can hear on the video of the start!
- Humber Bridge Half 23rd March – 11 participants – likely due to the change in date. David Caddick first male (1:32:40), Natalie Stone first female (2:13:32). David Caddick and Simon Bennett were both second in age category.
- Vale of York 10 mile Sunday 30 March. 52 members took part. Shaun Furzer our first male (1:01:57), Jenny Knowles was our first female (1:12:30). Age category results were Jurie Swanepoel 1st in age category, Sue Francis Julie Swanepoel and Gail Tombs 2nd in age category.

Trail Series

- March 31st the First Trunce of the year and also the first race in our inaugural Trail series. 12 members took part, Joe Worthington first male (32:33), Laura King our first female (41:11).

Club events

- Mark Leadbeater hosted a chip-buttie evening in celebration of his 60th birthday which was much enjoyed by all attendees – thank you Mark.
- Joe and Debbie Worthington held a quiz night in aid of the MS trust as part of their fundraising efforts, in the build up to Joe running 7 marathons in a week ending with the London Marathon.
- Stewart continued to organise weekend long runs for those targetting a spring marathon including a 16 lap, 20 miler at Nostell!

Special mention must be given to Charlie Lines' original ARR string vest which finally went to running kit heaven at the start of the month – to be replaced with a crisp new white Tuff vest. It will be sorely missed by all.

- c) Social Media – 45 people have been removed from the closed members page following non-payment of subs.
Facebook pages, both members only and public have been a little static of late.
Action: SB to aim to post weekly, starting with link to Priory 10K.
- d) Trail Series – this has been well received by members. As yet there is no set guidance on the website for how it works, scoring system etc.
Action: JW to provide details to SB to put on the website.

RW passed on details of a discussion held with JW about a member's "away day" trail session at Winterset later in the spring.

- e) Social – RW passed on details of a discussion held with JW about a member’s “away day” trail session at Winterset later in the spring. Agreed to double this up as a social evening, aiming for Thursday 29th May. Ideas discussed as to how to make it inclusive for all.
Action: RW to liaise with JW.
- f) Training – RW reported that most groups are being covered on Tuesday with training being well attended. The number of Thursday leaders is improving, SH reported that he feels Thursday numbers are increasing also.
- g) Kit – all ok, no issues to report.

New LiRFs

Jessica Hall has submitted her LiRF videos for assessment and is currently awaiting feedback from EA. 6 people have come forward to undertake LiRF training.

Action: RW to contact EA to see if we can get a discount.

Safeguarding

EF advised we are now in compliance with the Club Standard 6 which became mandatory as of 1st April 2025. As Welfare Officer, she has now attended both child and adult safeguarding online sessions.

Key points EF wishes to share are:

- Soft launch of EF and Dave Wallace as Welfare Officers on Facebook
- A reminder that safeguarding both adult and child is everyone’s responsibility
- The “Position of trust” legislation now includes sports coaches following an amendment to the act – if you have a safeguarding concern, doing nothing is not an option.
- Any safeguarding issues/concerns to be escalated to EF.

Some scenarios were discussed briefly. EF will circulate examples of these to committee members to develop understanding.

Rob Burrow Marathon Volunteers

Feedback from CA that we only have 17 names down so far. SH advised that we need 20. He will advise the organisers that we will have the required number on race day.

Action: SH/CA/All - to push for volunteers on Facebook.

40th Anniversary Celebration

Progressing nicely. ACC booked for Friday 22nd August. Leah is looking into a band with Karaoke for us.

Burger (with veggie option) with chips and salad is £6.50.

Other club events

SH will continue to assist with the times/results of the GP and handicap series. Simon Bennett and Andrew Smith will be preparing the handicap times for the spring handicap at Goole on 9th April.

Ben Tanguay is making good progress with organisation of Priory 10K.

AoB

There being no other business, the meeting closed at 20:40.