



Ackworth Road Runners Committee Meeting Summary

4th May 2022, 7.30pm

Ackworth Cricket Club

Present:

Chris Taylor	Chair	CT
Stewart Haigh	Treasurer	SH
Steve Berry	Secretary	SJB
Joe Worthington		JW
Nicola Thomson		NT
Ruth Walker		RW
Chris Sharp		CS
Cate Allan		CA
Dave Allison		DA
Tom Camponi		TC
Chris Field		CF
Emma Flanagan		EF
Mark Leadbeater		ML
Mel Owen		MO

Apologies for absence

Helen Wainwright.

Previous Minutes

The minutes of the meeting held on 13th April 2022 were accepted as a true record with no matters arising.

Chairman's Slot

CT commented on the excellent attendance at Frickley Country parkrun to mark their 100th event. 65 members ran and others volunteered. CT also reported that a club banner and sign would be positioned at the entrance to the cricket club in due course.

Treasurer's Slot

It is hoped to arrange a cheque presentation to the PoW Hospice provisionally on 18th June following a re-arranged GP parkrun at Pontefract (replaces New Earswick).

Action: MO to Liaise with PoW Hospice re cheque presentation.

Secretary's Slot

While no formal correspondence has been received, SJB commented that a steady stream of enquiries regarding membership continued to be received.

Kit News

DA stated that a delivery of new kit was due imminently. He also reported that the Macron ARR shop had now been taken offline while alternative options are explored.

ARR Juniors

RW had nothing new to report from the Junior Section.

Captains' Slot

JW and NT reported recent notable achievements:

- A number of members competed in the Bridlington 5 Mile Easter Dash with PBs recorded for Jonathan Hookham, Mark Hull, Millie Watson, Louise Bailey, Emma Woodall and Victoria Burch.
- Simon Bennett achieved a PB at the Boston (USA) Marathon.
- Julie Swanepoel was 1st M60 at the Tissington Trail Marathon.
- Sarah Hunter broke her own club record at the Wrexham Elite Marathon with a PB of 2:50:52 and was also 2nd FS.
- Sarah Turner completed her 250th parkrun at Nostell while Roy Young recorded his 350th parkrun at Pontefract.
- A number of members competed at the Tigers Trial Race in Sheffield.
- Donna Bailey completed the Blackpool Marathon.
- Ellie Roberts completed the River Aire Ultra 50 miles and the 3 Peaks Race.
- Debbie and Joe Worthington completed the Run for Wildlife 10k at Doncaster.
- 65 ARRs took part in Frickley Country parkrun's 100th event.

Priory 10k

SJB reported that Graham Beardsley will be the Official Event Photographer. A further dozen or so volunteers are still required. 113 entries received so far.

Action: SJB to post re further volunteers on FB.

Action: MO to investigate sustainable water options.

Ken Bingley Memorial 10k

SJB reported that following discussions with Frickley Athletic FC, this event will now take place on Thursday August 18th to avoid any potential clash with FAFC fixtures. No chip timing. Entry fee to be announced. Entry will be via Webscorer.

Action: SJB to provide event risk assessment to JW for the Land Trust.

TR21 Event July 31st

Date/time now confirmed as July 31st at 0900 at Ackworth Cricket Club. There will be chip timing and the event will count towards age grading for half marathon distance.

Entry options are single entry (3 x 7k laps) or team entry (3 members per team each completing 1 x 7k lap). Entry fees are £16.50 (individual) and £42.75 (team of 3). Entries now open via Racebest.

Any Other Business

- NT raised the issue of some training groups attracting zero or few attendees. It's recommended that run/group leaders post on the FB member's page on training days to ask if anyone is considering attending.
- NT - To allow all members to access the warm up sessions delivered by Denise C and Joe W, all 6pm groups on Tuesdays and Thursdays will commence with the 15 minute warm up session with the actual run starting at 6.15. 6.30 group attendees are welcome to attend the 6pm warm ups.
- CT asked if cricket club fixtures could be posted on the coaches FB page. This has now been done but are subject to change.
- JW reported that a joint event had been suggested with Team Manvers.
Action: JW to liaise with Team Manvers.
- CT – Yorkshire Vets will stage 6 races this year. ARR are to stage 1 of them possibly in September. Further details to follow.
- CT - Goole Viking Striders have invited up to 10 runners for their next track session on Friday May 27th at a cost of 6.30 - 7.30pm cost £2 per runner. There is no coaching- they tend to do their own thing eg: split into h'cap groups, 1 mile race, relay etc. The track is in town centre next to Goole Town F.C. If any are interested, members should contact Chris Taylor who will liaise directly with GVS and let them know exact numbers etc.
- ML is running a track session on Wed May 11th at 7pm at the Dorothy Hyman Stadium. All abilities welcome. £4.20 track fee payable.
- JW – Barnsley Boundary is on June 11th. Members should contact JW if they wish to take part.
- JW – The Leeds Country Way is in September and ARR teams will be required. JW will be away so a co-ordinator is required.

Members Questions:

- **Volunteer GP Scheme** - A further question was received regarding a volunteer GP points scheme although this was discussed at last month's committee meeting. For the Committee to consider such a scheme, a properly structured proposal detailing qualifying criteria etc would be required together with the name(s) of members who would be prepared to commit to administering such a scheme.
- **Scheme to assist any members struggling to pay subs etc** – following discussion, it was not thought feasible to introduce such a scheme.
- **Will Askern 10k be replaced in the GP?** – Askern DRC have not yet submitted confirmed dates for the re-arranged race. In any event, we have enough 10k races in the GP if we are unable to include this one.
- **Can we have a Couch to 5k programme?** – An excellent suggestion and the answer is yes in principle. It is, however, dependent upon a coach/run leader being able to commit to the required 9 week programme.
- **Can we have a lunch time run, coffee and cake session?** – it was felt that sessions such as these would be best organised between members themselves, perhaps posting details on the members FB page.

There being no further business, the meeting closed at 2100.

Date of Next Meeting

Wednesday 1st June 2022 at 7.30pm at Ackworth Cricket Club.