



Ackworth Road Runners Committee Meeting Summary

7th March 2023, 7.45pm

Ackworth Cricket Club

Present:

Steve Berry	Acting Chair/Sec.	SJB
Stewart Haigh	Treasurer	SH
Dave Hughes		DH
Nicola Thomson		NT
Joe Worthington		JW
Ruth Walker		RW
Dave Allison		DA
Adam Callow		AC
Chris Field		CF
Mel Owen		MO

Apologies for absence

Cate Allan, Tom Camponi, Emma Flanagan, Mark Leadbeater, Chris Taylor, Helen Wainwright.

Previous Minutes

The minutes of the meeting held on 30th January were accepted as a true record with no matters arising.

Chairman's Slot

SJB welcomed new Men's Captain Dave Hughes and new committee member Adam Callow to the meeting. He then reported on behalf of Chris Taylor:

A great turnout for the Dewsbury 10k and our annual Awards Night. Also a good turnout too for PECO #4 and #5 - credit to the juniors and their minders for their attendance this season.

There has been little interest for the Yorks Vets X/C at Beverley.

Spring Handicap at Goole on Wed 29th March - we need to advise Goole Viking Striders of our numbers for food 1 week before plus any dietary requirements.

The Goole Riverbank 10K organising team are thrilled with our number of entrants. There is a Fun Run as well so that maybe of interest to our juniors.

Current prices for putting on a coach to races is currently £670 for a full 50 seater. Mini bus costs are not viable.

Secretary's Slot/Correspondence

Nothing to report.

Kit News

DA reported that 15 new hoodies are to be ordered initially. Price to be confirmed but are likely to be between £32 - £38. Blue club T shirts and buffs also on order.

ARR Juniors

RW reported that she had completed the Funetics course and that Maya McCormack and Hayley Harris were doing the Funetics Leaders course.

An excellent turnout of ARRJ members at PECO#4 and #5. During the season 17 juniors did 1 or more races, 12 achieved counting scores and 6 did all 5 races. All finished in the top half of their leagues.

Captains' Slot

NT reported this month's list of notable achievements:

- Sue Francis and Martyn Stearne did the Torrevieja half with Sue gaining a PB and a F55 club record.
- Alison John-Baptiste raced the Brighton Half Marathon.
- Snake Lane 10 with a club record for Gail Tombs.
- We had a few members at Wombwell 5.
- PECO #4 saw Helen Morgan 1st in F50

- Lots of PB's at Dewsbury 10k with Club records for Gail Tombs (F70), Sue Francis (F55 also 2nd F55) and Helen Morgan (F50).

- Fran Burrows and Adam Calow attended Blackmore Vale Lions Half with a PB from Fran.

- St Aidan's Winter Beast, Gail Tombs 1st F70.
- GUN Frickley Frolick Lucy Vamplew 2nd female and Rich Ward 1st over the line.
- Sarah Hunter came 87th in the Senior Ladies National Cross Country Championships
- James Roberts took part in the Nottingham Holme Run Half with a PB 01:21:16
- A few members took part in the Stamford 30k
- Approx 30 pacers and volunteers at Nostell parkrun.
- Darren and William Horobin did the Yorkshire 3 peaks

- Jurie Swanepoel completed his 92nd marathon
- 24 members took part in PECO#5.

GP, Priory 10k and Ken Bingley Memorial 10k

GP: New events added:

2nd August - Howden 10k

10th Sept. - ARR 10 mile (Frickley Country Park)

29th October - Worksop Half Marathon

TBC December - ARR Half Marathon (Frickley Country Park)

4 GP parkruns finalised:

15th April - Temple Newsam

1st July - Sandall Park (Doncaster)

16th Sept. - Selby

21st Oct. - Middleton Woods (Leeds)

SJB reported that he would not be able to organise the marshals for the Priory 10k this year. DA and JW said they would step in.

Mark Leadbeater has been negotiating for prizes for the Priory 10k and Ken Bingley 10k from the suppliers we enjoy discounts from including some 20% off vouchers from Sportsshoes.

Priory 10K - race licence is 2023-44541

Keith Binney is adjudicator

Response Event Medics (REM) confirmed with 4 staff, 1 tent, 1 vehicle, full kit & radio.

KB Memorial 10K - race licence is 2023-45838 Keith Binney is adjudicator

REM confirmed first aid cover with 1 Emergency Responder/RRV, 2 Advanced F/Aiders . Frickley Pavilion is booked for refreshments pre/post race etc.

Any Other Business

- AC - A discussion took place regarding training pace group consistency, run leaders responsibilities and the consistent availability of technical and pace options.
Action: SJB to discuss weekly group offerings with HW.
- JW – 5 teams are required for the Barnsley Boundary on 10th June.
- SH – There will be a self-guided trail run on Thursday 25th May at Winterset.
- JW – There will be a track session at Dorothy Hyman Stadium on 15th March – pay on the night.

There being no further business, the meeting closed at 2105.

Date of Next Meeting - Tuesday 4th April 2023 at 7.45pm at Ackworth Cricket Club.